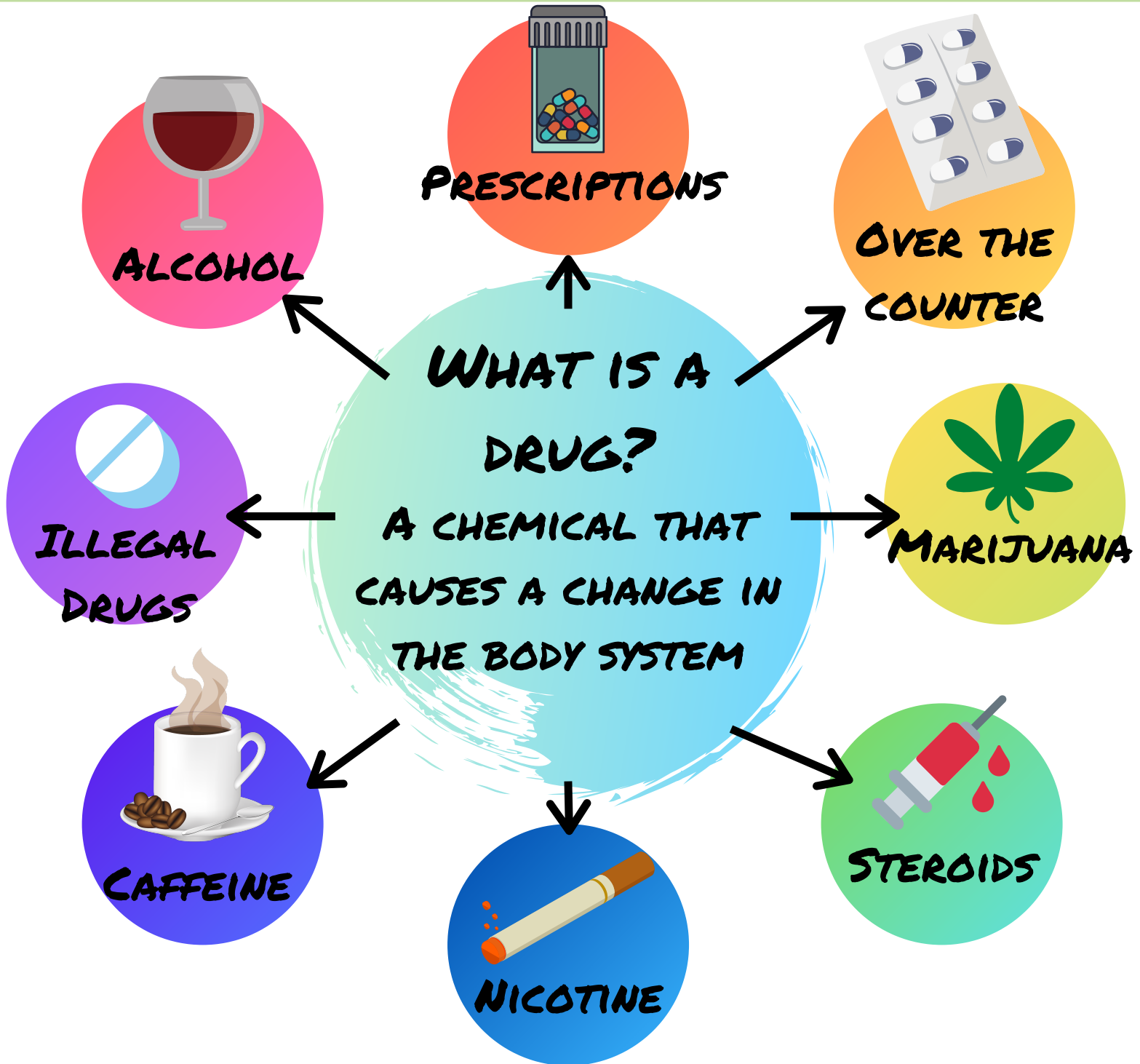




WELLER HEALTH
EDUCATION

Drugs Awareness



888-402-LVHN LVHN.org/children

Weller Health Education

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 Lehigh Valley
Reilly Children's Hospital

MOST COMMON WARNING SIGNS OF SUBSTANCE USE DISORDER

- **Behavioral Changes**

- Changed relationships with family members or friends
- Uses chewing gum or mints to cover up breath
- Frequently breaks curfew
- Has cash flow problems
- Drives recklessly, and has car accidents or unexplained dents in the car

- **Mood and Personality Shifts**

- emotional instability
- Sullen, withdrawn, or depressed
- Hostile, angry, or uncooperative

- **Hygiene or Health Issues**

- Unusual smells on breath or on clothes
- Poor hygiene
- Track marks on arms or legs (or long sleeves in warm weather to hide marks)
- Unusually tired
- Wetting lips or excessive thirst (known as “cotton mouth”)
- Sudden or dramatic weight loss or gain



Signs or Symptoms of a Drug Overdose

- Shallow breathing
- slow pulse
- blue lips or fingertips
- pale or clammy skin
- pinpoint pupils
- drowsiness



If anyone ever has these symptoms or is suspected of overdosing, call 911 immediately

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