

## Carbohydrate Puzzle

I I J N N A M L S S E N T  
S G E R I S E G N A R O R  
R A G U S K E O I G M O E  
J P O T I T T Q S A L D R  
O T S D A O N H T L F L V  
A E C I R A O O E S A E T  
X O B R I N S D A E R B N  
N S A R E N K B R N C W V  
W C N Y G K A E E T O B M  
K S C O R N C S I E T Q B  
O A E G A B B A C E A S C  
E H E N B Z G E R S H J E  
S T A C O I B Y P C E Z M

Find the following hidden words:

banana, bread, cabbage, cereal, carrot, corn, cracker, honey, noodle,  
orange, raisin, rice, roll, sugar, tomato