

Return to Fall Sports

Adapted from PIAA Return to Competition Guidelines 7/29/2020

Face Coverings:

- ❖ Coaches, athletes, staff, and spectators (if permitted) must wear face coverings when on the sidelines when social distancing is not possible.
- ❖ Masks must be used while indoors (and not participating in sports), in the locker room, in the Athletic Training room, on the bus, when entering a visiting school and AT room.
- ❖ Game officials should use face coverings whenever possible.

Water:

- ❖ Athletes are encouraged to bring their own water bottle
- ❖ If water bottles or cups need to be refilled, one representative (Student/coach/AT) should use gloves to refill the water bottle.
- ❖ If an athlete does not have a water bottle, the athlete can be assigned a clean water bottle for the day or disposable cups should be used.

Spectators:

- ❖ Spectator capacity will be set by the state and all are always encouraged to wear masks indoors and outdoors when social distancing is not possible.

Screenings:

- ❖ All athletes and coaches should be screened within 2 hours prior to competition.
- ❖ Traveling teams should be screened by their home AT prior getting on the bus.
- ❖ All officials, visiting coaches not on bus, and staff (game clock operator, game manager, chain crew, etc....) should be screened by the home AT.

Modalities:

- ❖ Ice bags should not be re-used.
- ❖ If using E-stim, each athlete should have their own individual pads
- ❖ Shared equipment (US, Game Ready, rehab tools) should be disinfected between use.
- ❖ Hot packs should be wrapped with a towel for individual use. These should not be self-serve.
- ❖ Use of cold tubs should be one individual at time and cleaned after use. Use of turbine is discouraged.

Locker Rooms:

- ❖ Locker rooms should be operated at reduced capacity. This may mean athletes use the locker room in shifts. Masks should be used while in the locker room.
- ❖ Capacity/shifts need to be enforced by the team coaches

Specific Sports:

- ❖ Refer to the PIAA Return to Competition Guidelines released 7/29/2020.